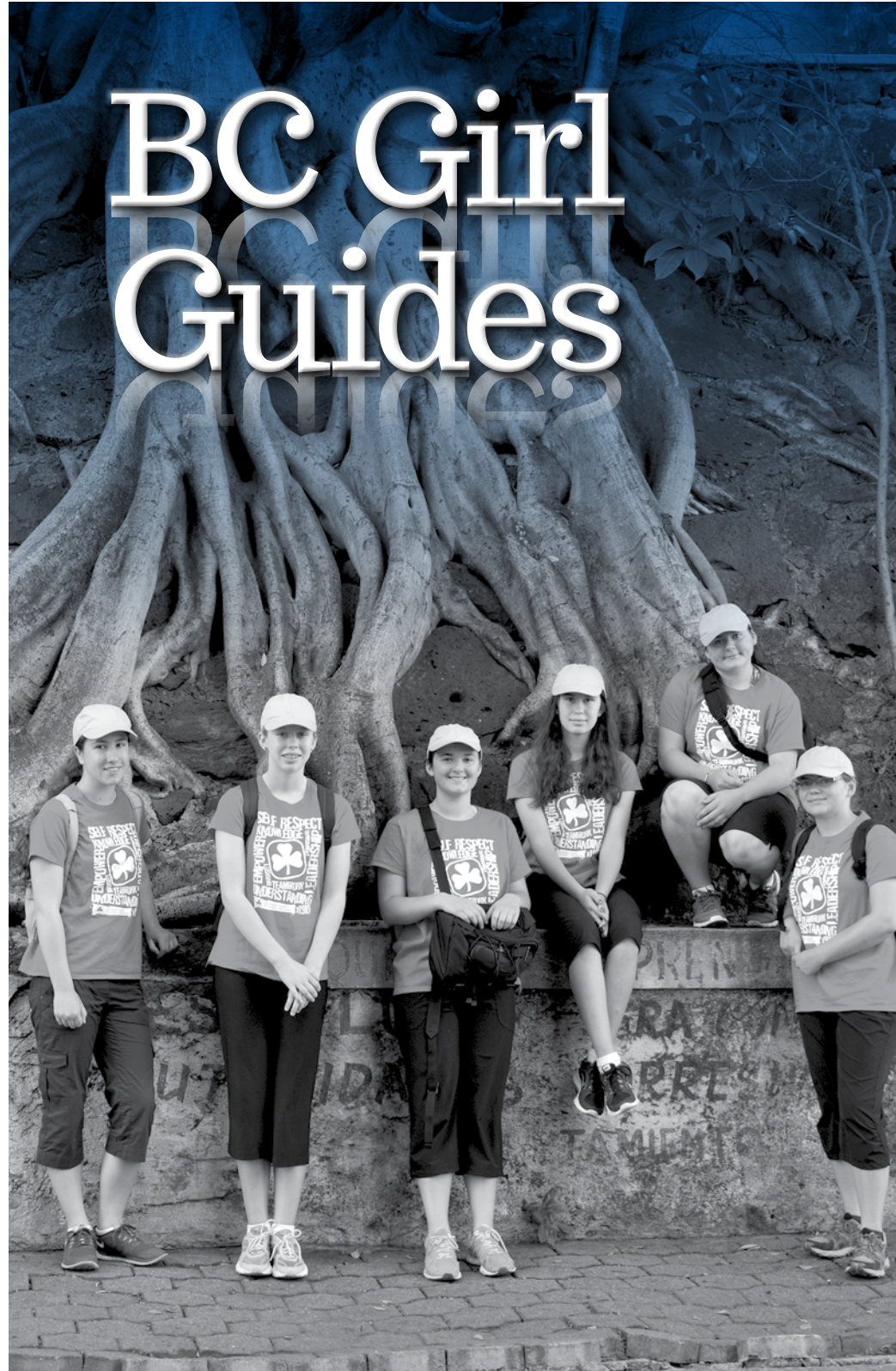


PIPELINE

www.bc-girlguides.org





Editorial

Editor's Note

As another Guiding year comes to a close, I want to thank everyone who shared their stories and photos through *Pipeline*, as well as everyone who read the articles submitted by our fellow Guiding members. I hope the news and event notices, program suggestions, activity ideas and challenges offered in each issue help each of you in your Guiding roles.

I look forward to hearing about your Guiding adventures again in the 2016–2017 Guiding year. If your summer plans include Girl Guide activities, please take photos and share your stories with us through *Pipeline*! Or if you have a great idea for an article or a photo that you think represents the fun and challenge of Girl Guides, please let us know! *Pipeline* is a tool to help share news and ideas with members across the province, and we rely on members to supply the wonderful content.

Enjoy the summer and see you in September!

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PC'S PAGE



**by Dawnette Humphrey,
Provincial Commissioner**

*"How lucky
am I to have
something that
makes saying
goodbye so hard."*

Winnie-the-Pooh (A.A. Milne)

Spring is finally upon us, and I hope everyone is able to get outside with our girls and enjoy all that Mother Nature has to offer at this time of year!

This is my last *Pipeline* PC's Page as the nineteenth provincial commissioner for British Columbia. In June 2015, the national Board of Directors approved the Governance Review Task Force recommendation "that the term of office of a provincial commissioner be set at three years, and that the option for term extension be removed from the bylaws and policy," so it is time for me to move on. The past three years have flown by so quickly; it is hard to believe they are done already!

I am very grateful for the time I have had in this role! Sometimes it has been very challenging, sometimes heartwarming ... but at all times I have been very proud and humbled to have had this opportunity!

The role of provincial commissioner is not one that is done in isolation. It takes many talented and dedicated volunteers and staff to keep Girl Guides of Canada—Guides du Canada alive and growing within our province. I extend my heartfelt and sincere thanks to Leslie Bush and Helen Varga, who have been my deputies for the past three years, as well as Maryann Brock, who served one year as deputy PC on our team. The loyalty and strength they have shared with me have been instrumental, and I will always carry respect and gratitude for them in my heart!

I offer thanks as well to all BC Council members who have served during my term. These incredibly talented and resourceful women have amazed me at every turn with their creativity and deep care for Guiding. Most importantly, they deserve recognition for their stewardship of the Guiding Movement for the benefit of our wonderful girls and young women.

Volunteers are supported in our work by committed and knowledgeable staff. As volunteers come and go through their position terms, our staff help to provide consistency and ensure work carries on amidst many, many changes. I thank each of them for their kindness and friendship to me!

It is impossible to list all the people I want to thank in this limited space—my list is long but my heart is full of appreciation!

Congratulations to our PC-Elect, Leslie Bush. She certainly has my full support and best wishes as she leads us into a new chapter for Girl Guides of Canada—Guides du Canada in British Columbia.

Our May 2016 BC Council meeting will be the last one carried out by the council under the structure we have known for many years. After that, our new provincial council structure, which I shared with you in the previous edition of *Pipeline*, will be in effect. I hope you have seen the many calls for nominations/applications for the various newly created provincial council positions as well as provincial adviser roles that will now function via a separate operational committee. This is an exciting time to be part of the new provincial council structure and a great time to come on board!

In closing, it is hard to find the words to adequately thank each and every one of you for your support during my term as BC provincial commissioner! I encourage you to continue to share your talents and abilities to build girls into strong women that will truly make a difference in the world!

Provincial Commissioner, British Columbia Council
March 31, 2016



Upcoming Events 2016

DATE	WHAT	WHO	WHERE	NOTES
May 13–15	BC Trefoil Guild Rendezvous	Trefoil Guild members	<i>Vernon</i>	
May 14	BC Council Annual General Meeting	Guiders	<i>Vancouver</i>	RSVP to info@bc-girlguides.org by April 29.
May 20–23	Guide Jubilee	Guides	<i>Victoria</i>	
May 27–29	Eastern Regional Trainers' Conference	Trainers (active)	<i>Newfoundland</i>	Registration/ application deadline has passed.
May 28–29	GUEST	Guides from Monashee, Thompson Nicola and Kootenay areas	<i>Kelowna</i>	
May 29	Rally in the Valley	All members	<i>Langley</i>	
June 12	Hands Across the Border	All members	<i>Peace Arch Park, Surrey</i>	See www.handsacrosstheborder.info for more information.
June 15–19	National Trefoil Guild Gathering	Trefoil Guild members	<i>St. John's, Newfoundland</i>	
July 5–19	Guiding Mosaic 2016	Pathfinders and Rangers	<i>Sylvan Lake, Alberta</i>	
July 21–28	Pathfinder Paddles	Girls born between Sept. 2001 and Aug. 2004	<i>Sunshine Coast/ Desolation Sound</i>	
August 4–7	OAL Adventure Module 8: Quadra Canoe Expedition	Guiders	<i>Gulf Islands</i>	
August 18–26	Pedal Haida Gwaii	Girls born between Sept. 1997 and Aug. 2001	<i>Haida Gwaii</i>	Registration/ application deadline has passed.
Summer	Sangam (nationally sponsored)	Girls aged 15–18	<i>India</i>	
	Flame 2016 (nationally sponsored)	Girls aged 13–14	<i>Foxlease, UK</i>	
	Peru (provincially sponsored)	Girls aged 16–18	<i>Peru</i>	
	Amazing Race BC (provincially sponsored)	Girls aged 14–16	<i>BC</i>	
September 23–25	Mix It Up	Guides and Pathfinders	<i>Sumas, Washington</i>	Registration open until May 15.
October 14–16	District Commissioner Workshop	District commissioners	<i>Vancouver</i>	More info to come.
October 21–23	Pathfinder Summit	Second- and third-year Pathfinders	<i>Vancouver</i>	Applications will be available in May 2016.
October 28–30	International Advisers' Workshop	International advisers	<i>Vancouver</i>	
November 4–6	Camping–Training Workshop	Camping and Training advisers, QM trainees	<i>Camp McLanlin</i>	More info to come.
November 25–27	PR Network Advisers Workshop	District and area PR and Cookie advisers and communications (website, newsletter) people	<i>Vancouver</i>	Tentative. More info to come.



AWARDS

Fortitude

Katie Timmermans West Kelowna

Book of Honour

Joan Conner Armstrong

Cheryl Geissler Abbotsford

Catherine Hardy Kelowna

Jill Maden Langley

Joan McElwain Richmond

Doreen Ridsdale Prince Rupert

Lorraine Thibeault Vanderhoof

The recipients listed above were recognized for their contributions to Guiding with inclusion in the Book of Honour during the 2015 Guiding year.

Note: The awards list is created from the iMIS database. If an award was presented but not entered in iMIS before the Pipeline submission date, it will not be included here.



Area awards advisers and/or commissioners: Please ensure that Guiders' records are updated with awards that have been presented. The A.4 must be completed and sent to the appropriate iMIS adviser. Please note that awards approved at the provincial and national level are entered by the provincial or national records administrators (iMIS staff). After presentation of the Book of Honour, notification is to be sent to the Book of Honour Manager (awards@bc-girlguides.org) for tracking and entry. Award recipients' names are only listed in Pipeline and the provincial annual report when they are entered correctly in iMIS.

GONE HOME



Patricia Bowman,
Surrey

Lillian Brownlow,
Trail

Florence Grout,
Burnaby

Muriel Murray,
Vancouver

Marisa Sachdeva
(girl member), Surrey

Pipeline is now available **online!**



A limited number of past issues of Pipeline are now available at www.bc-girlguides.org; select *Volunteers > Guider Resources > Publications > Pipeline*.

NOTE: Issues are available as PDF files and are about 10 MB in size.



Lending a Hand: Incorporating chores at camps for all ages

Vicki Ferguson, BC Camping Committee

Patrol cooking and having the girls take the lead on doing dishes, preparing meals and keeping their campsites in order—these tend to be accepted as common practice for camps with Guides, Pathfinders and Rangers. But many of us, as Unit Guiders, could do a much better job of holding to these ideals for Spark and Brownie camps as well. It's never too early to lend a hand, but anyone who has asked a Brownie to sweep the floor knows that keeping track of your expectations can be half the battle when it comes to doing chores with younger girls at camp.

“This would be so much faster if I did it myself”

Stop having that thought right now! Of course it would be. You're an adult; you do dishes/make meals/keep things tidy all the time! The point of taking part in chores at camp isn't really about keeping the cabin spotless or getting dishes done lightning-quick; it's about the girls learning life skills that will hopefully stick with them and taking ownership of their experience at camp. When it's time to speed-clean the cabin so you can make the 11:30 a.m. ferry from Camp Olave, or to wash up the hot chocolate mugs and fondue forks from mug-up, after campfire and a long day at camp, certainly, send the girls away and get it done as grown-ups. There are many other opportunities for the girls to help at their own pace.

“My daughter (or Spark/Brownie) can't use a push broom”

1. Why not? Has she tried? Was she given instructions? I talked to a tiny

Brownie last weekend about using a push broom, telling her, “It's called a *push broom*; it works so well when you push it!” And she did an excellent job with the dining room! Girls tend to know what a broom and mop are but have often never been told how to use them. A few simple instructions go a long way, especially if girls haven't done chores at home.

2. Then find another solution! Bring mini Spark-sized brooms to camp, find lighter tools for the cabin or give girls tasks based on their skills, strengths and level of physical strength. Maybe the older/taller girls can sweep or mop, and the younger ones can start with wiping tables and counters. Not everyone can do the exact same things all the time, and that's okay!

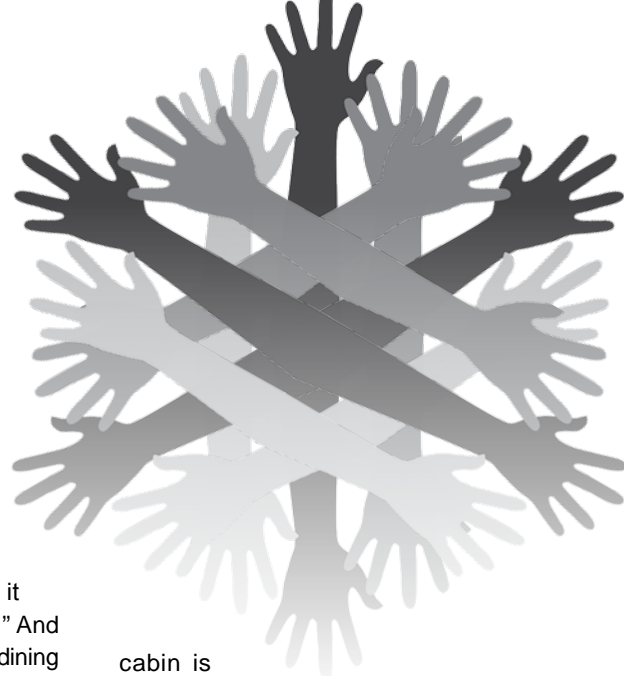
“The kitchen is dangerous. What are you thinking having girls using knives?!”

Everything needs to be done with the progression of skills in mind. Giving a Spark a carving knife is probably not safe, but there are other ways for girls to help in the kitchen (I promise).

Tried and true ways to get younger girls involved with meal prep

Sparks and younger Brownies

- Flipping pancakes: Bring girls into the kitchen one or two at a time. Ladle out a few pancakes onto the griddle/pan. Let the girls see when to flip them, then hand over the spatula! You might need a stepstool for some girls, but the



cabin is probably equipped with one (check in the bathroom or under the handwashing sink).

- Stirring: Have the girls stir anything in a bowl—pancake mix is good for this—or something on the stove, if it can be done safely.
- Ripping lettuce: Having Caesar salad? Why not give the heads of romaine to the girls to go to town?
- Setting the table: This may seem unnecessary since the girls are just going to bring their dishes back to the kitchen to fill them up, but it's a way for the girls to help and a great way to ensure that the girls are evenly dispersed at tables (especially if you also put out personalized placemats).
- Making toast: Set someone up with a toaster and a loaf of bread, and you're in business. You might need an adult or older girl to help with spreading butter/jam, but using margarine instead of butter can really ease this as well.
- Peeling carrots, grating cheese, mashing potatoes: Remember, the girls won't be quick at this and may create more waste than you'd hope (particularly with a peeler), but again, that's not the point.

Older Brownies and younger Guides

- Using a can opener: This can be a real challenge for girls who don't have



a lot of arm strength, but it's also a quick accomplishment for a girl who has never used one!

- Cutting veggies: Celery, bell peppers and cucumbers are all fairly easy to slice and don't need a terribly sharp or large knife. With proper supervision, girls of this age can usually manage this. Graduate second- or third-year Guides (within reason) to onions, carrots, tomatoes and fruit as well—although not a pineapple or watermelon, since those can be a challenge even for adults!
- Taking care of something on a stove: Are you making tacos, chili or

something else that requires cooking ground beef in a pan? You could put the meat and seasonings into the pan, give a girl a spatula and tell her to “chop it up.”

- Measuring ingredients: Unless you have a recipe written out with clear and easy instructions (and girls with adequate reading skills), you may have to give detailed oral instructions. Filling a measuring cup with the appropriate amount of water is a great skill to learn.

Other Thoughts

- Why not buy a set of “Spark knives” for your unit or local camp? There are

some excellent products for kids to use in the kitchen. Take a look online and see what you can find.

- Make dishwashing easier for the girls (and yourself): Have the girls use a rubber spatula to scrape their plates prior to washing. You'll find that there is much less ranch dressing or ketchup ending up in the dishwasher.
- Give lots of time in your schedule for meals. No one wants to be rushed with cooking, eating or cleaning up. It's going to take longer than you had hoped, but just let it. A relaxed camp is a good camp!

Welcome Wagon Supports *Girl Guides of Canada-Guides du Canada*

Welcome Wagon and Girl Guides of Canada are working together to welcome newcomers and increase the awareness of Girl Guides in BC communities.

When a new family moves into your neighbourhood or a future Spark is born, contact Welcome Wagon (by phone or through their website) and let them know. The local Welcome Wagon representative* will personally visit the family and provide information about the local community and Girl Guides.

Start a Friendship Today • www.welcomewagon.ca



Girl Guides
of Canada
Guides
du Canada

British Columbia Council



*Welcome Wagon representatives may not be available in all communities in BC.



More than Paperwork:

Being prepared for any situation with your Emergency Response Plan (SG.4)

BC Safe Guide Assessor Team

The Emergency Response Plan or SG.4 form **must be prepared for every unit meeting, activity or event** to document how you would deal with expected and unexpected situations that might occur. Rather than being seen as an onerous task, filling out the SG.4 should be thought of as a useful step in helping you to consider possible scenarios and take steps to be prepared to deal with various situations, especially in emergency circumstances.

As Safe Guide assessors, we review all your Safe Guide paperwork. Most of it is great; however, we find that many Guiders need coaching on the Emergency Response Plan. To help all Guiders, new and experienced, we're sharing our top tips for filling out the SG.4 for your next event.

Emergency Planning Information, page 1

- *Do you know about Appendix H in Safe Guide?* It is a list of recommended procedures developed by GGC in collaboration with legal, risk management and insurance teams. Guidelines are provided for standard situations, so you don't have to reinvent the wheel.

- *Procedures should be written so that they are specific to your group and each particular event and location.* Copying and pasting from Appendix H or previous events is fine, but take the time to rethink the procedures to make sure they are still relevant for each unit meeting, activity or event. Remember that to be as prepared as you can, it's best to plan for the worst-case scenario.
- *Are you working with a third-party service provider (TPSP) or going to a GGC property?* GGC-owned facilities will often provide you with the basic plan; however, you will need to fill in the specific situations relevant to your participants, activities, transportation arrangements, site/cabin, etc. TPSPs will also have their own procedures for various situations and these will need to be incorporated into your Emergency Response Plan.
- *Ensure all Guiders are aware of the procedures.* Have a conversation with all the supervisors so that everyone knows about the necessary steps. Ensure the language in the Emergency Response Plan is understandable to

everyone, including new Guiders or non-member volunteers. Even better, assign specific roles to each Guider or supervisor attending the event. If you're working with older girls, particularly Rangers, or even Pathfinders and older Guides, review the procedures for potential situations with them or include the girls in your emergency planning as part of your preparation for camp.

- *Don't forget other situations relevant to your activities or participants.* If you are doing a snow activity, have you thought about things such as frostbite, hypothermia and the danger of tree wells or snow/icicles sliding off the roof of your cabin? If the unit is coordinating transportation, have you thought about the bus being late, missing the ferry or the bus/vehicle breaking down? Do you have a girl or Guider with disabilities who would need particular plans set out during an evacuation or medical emergency? If you're swimming or boating, have you thought about waterfront supervision, boating rescue or other safety procedures? The Activity Guides listed in Safe Guide

Identify Your Membership Number

Five membership numbers are randomly drawn from the iMIS database for each issue of Pipeline. If your number is listed below, you are eligible to receive a gift from the provincial PR Committee. To receive your gift, send an email, identifying your number, to pipeline@bc-girlguides.org by May 31, 2016.

37737 | 1048544 | 211578 | 1397352 | 189977





will also provide you with suggested situations that should be considered.

Resource Contact Numbers

This section has been created so that you have all the necessary information in one place should there be an emergency or incident. Please remember to put the name of the person and their role, as well as their contact number, so that if someone else is delegated to call, she'll know to whom she is speaking.

- **Commissioner or ACL:** For unit and district events, this would be your district commissioner. For area events, this would be your area commissioner. If your commissioner is going to be attending the event, please include another Guider, such as her deputy or another member on council, as the contact.
- **Home Contact Person:** This number must match the one listed on your Activity Notification or Authorization Form (SG.3).
- **Provincial emergency contact for GGC:** In BC, you would call your **area commissioner or her designate**. Listing the provincial office phone number is not appropriate, because the number is not monitored outside of business hours.
- **Facility/Site:** This is the emergency contact for the facility or site. For overnight events, please confirm that this number can be used outside of business hours.
- **Other useful contacts:** The SG.4 is a

great place to add other useful contacts, including numbers for accommodations/hotels, nearest hospital/medical clinic, poison control, Guider cell phone numbers (really useful during transport), reporting forest fires, search and rescue, or other important points of contact for your event.

Location in the Emergency Call Script

The bottom left-hand side of page 2 includes a template for a script should you need to call for emergency medical services. During an emergency, this is a great tool to help you collect and document the necessary information.

Before you leave for your event, don't forget to include the details of the location in the box provided. For most events, this should be the civic address for the location. When hiking or doing wilderness activities, it's best to list the geographic coordinates for any known campsites or landmarks that are part of your route.

This section may seem like a waste of time, until you need to use it. It's often difficult during a real emergency to remember your home address, let alone the address of camp, your meeting place, etc. Filling out this script in advance can alleviate some of the stress in cases when the unthinkable happens.

Specific Instructions for Communicating

This section will vary the most between the different types of events. For your average unit

meeting, this could be specific directions to the room that you meet in. For camps, this is where you can document instructions for your Home Contact Person to let them know when to initiate contact with emergency medical services if you miss a check-in. If you are using emergency communication (SPOT, satellite phone, InReach), this is an ideal place to outline how these devices are used.

Final Thoughts

The Emergency Response Plan (SG.4) is your most important tool while at an activity, camp or event. The aim of the SG.4 is to implement a range of strategies that will minimize the occurrence of incidents and to outline procedures in the event an incident does occur, by anticipating the "what if" scenarios. Completing the SG.4 doesn't need to be stressful or complicated, since the procedures are often similar between types of events. It's a matter of taking the time when planning each event to think about which participants will be at this specific event and how the location and type of activity influence the likelihood of an incident. We hope this article has provided you with resources to make completing your SG.4 form an easier task. Always remember that a Safe Guide assessor is your best resource if you have any questions regarding your Emergency Response Plan.



Pathfinder Summit 2016

October 21–23, 2016

Are you a Pathfinder leader? Are you interested in taking your Pathfinders on a trip to Vancouver to take part in a provincial event designed specifically for Pathfinders?

Pathfinder Summit is a weekend of fun activities and workshops! It will include something for everyone's interests. Participants will stay at the HI-Vancouver Jericho Beach hostel and participate in activities at Guide House.

The application can be found on the BC Girl Guide website (www.bc-girlguides.org; select Program > Provincial Events > Pathfinder Summit). The application deadline is June 1.



Yes, Girls Can and Should Be ... **PLANNING Camp!**

BC Camping Committee



Camp planning is a part of the progression of camp skills. Be aware of how the skills build from one branch to the next. All the skills Sparks have, Brownies should also have—but Brownies will do them more independently and with more skill. They will also plan for and do more complex skills. This also follows for Guides, Pathfinders and Rangers. The Guider's job is to give girls the opportunity and to introduce the skills necessary for developing camp plans..

Sparks can and should

- Share menu ideas. What is their favourite thing to eat?
- Brainstorm ideas for program. Do they want to be inside or outside? Play games or do crafts?
- Play co-operative games to learn about appropriate camp clothes (relays, catalogue cut-outs, charades) and to help decide what to bring to camp (kit list).

Brownies can and should

- Brainstorm menu ideas, introducing an understanding of what is good to eat, what is appropriate at camp and what they can help prepare.

- Brainstorm themes and camp activities. Girls will be better prepared to brainstorm activities if they have already practised camp skills at their unit meetings (for example, through map and compass games, knot relays, first aid games, environmental and nature games and match-lighting practice). Co-operative games play a big role in the development of planning skills.
- Learn about packing bedrolls and packs through games, crafts and actual practice.

Guides can and should

- Provide meal ideas using Canada's Food Guide, practise cooking on a camp stove and using other cooking methods, make two different fire starters and plan and prepare a meeting snack.
- Plan, lead or organize games and crafts involving knots, trails, gadgets and/or environmental awareness. Girls can choose what games they want to play at camp and take turns being the leader of the game.
- Learn what type of pack and sleeping bag is best suited for camp. Girls can help to create the kit list and pack and carry all their own gear.

Pathfinders and Rangers can and should

- Plan the menu, prepare the grocery list with quantities, go shopping and compare prices. They can prepare some of the food for camp at meetings (dehydrate food, prepackage into smaller containers, etc.).
- Plan, prepare and lead activities, games and crafts.
- Organize/attend gear sharing nights, take trips to sports stores or bring in experts to learn about camping gear. The girls can prepare a budget or make a plan for obtaining the necessary gear.
- Research and pick a campsite with knowledge of what supplies/equipment that campsite requires.
- If appropriate, book the district or area camp equipment, and research the cost and availability of any necessary rentals.
- Research past camp budgets and prepare one for the current event.
- Assist with Safe Guide forms, be familiar with the Emergency Response Plan, carry an individual emergency kit and know basic first aid and CPR.



New Tidy Camper Challenge

BC Camping Committee



The objectives of this new challenge are to encourage girls to be neat and tidy, look after their belongings and help at camp. The challenge crest can be completed by a group or by individual girls.

The Tidy Camper Challenge is available on the BC Girl Guide website (www.bc-girlguides.org; select *Program > Challenges & Activities > Provincial Challenges*).

Challenge Requirements

To earn the Tidy Camper Challenge, each girl needs to complete the required number of challenges per branch, with a minimum of one per category plus two core challenges.

Sparks: 4 challenges

Brownies: 5 challenges

Guides: 6 challenges

Pathfinders/Rangers: 7 challenges

Categories

- Personal Belongings
- At Camp
- Core Challenges

Below are sample challenges that can be found in each category.

Personal Belongings

- Make luggage tags and put them on your luggage. You could incorporate your camp's theme into your name tag's design.
- Bring your bedding to camp in a bedroll and take it home in a bedroll.
- Make a bedroll sack (Guides/Pathfinders/Rangers).

At Camp

- Make your bed for bunk/tent inspection every morning.
- Perform a good deed for the camp/campsite, such as doing a litter chase, stacking wood, weeding, raking leaves or clearing paths. Check with the caretaker or campsite manager to see how you can lend a hand.
- Build and use a solar or other outdoor shower.

Core Challenges

- Be a helping member of a patrol/team and take part in the camp's duty chart. Help with at least three of the following chores:
 - o Sweeping/vacuuming/washing the floor
 - o Cleaning the bathroom/outhouse
 - o Cleaning the kitchen (put away leftover food, wash cooking dishes, clean counters, etc.)
 - o Preparing and/or cooking a meal
 - o Collecting wood and/or water
 - o Using a liquid disposal pit (LDP) or grey water disposal
 - o Taking out the garbage and/or recycling
 - o Lighting and properly maintaining a campfire and disposing of campfire ashes
 - o Bear/critter caching
 - o Ensuring all food and scented items are kept outside of sleeping huts and tents
- Be a no-trace camper. Leave your campsite in better condition than you found it!

When you have fulfilled the requirements, complete the BC Crests Order Form found on the BC Girl Guide website (www.bc-girlguides.org; select *Program > Challenges & Activities > Provincial Challenges*). Instructions for how to order the crests are provided on the form.



Van Chau, Guider, West Coast Area

Ideas for Celebrating **Girl Greatness**



Camping is one of the things that girls remember most about Guiding. The girls in our unit always look forward to the end of camp—and not because they cannot wait to go home. It means that it is camp awards time. We usually save this camping tradition for the end of camp and incorporate it into Guides' Own. The girls reflect on the weekend, and each girl gets to say what she enjoyed the most about camp. Then comes the presentation of camp awards. The girls all get to have a say. It starts off with girls nominating the people they think deserve each award. Next, they vote on the nominations by a show of hands. Most of the time, it is pretty obvious who should get the award based on the events that occurred at camp. There are always enough awards available so that all the girls who attended camp get an award. It is especially meaningful for the girls, because their friends have thoughtfully chosen a specific award

for them. We've followed this tradition since the girls were in Sparks. They are now second-year Guides, and they still consider camp awards as one of their favourite Guiding traditions.

Camp Award Ideas

Make the camp awards small enough to fit on the girls' camp hats. Laminate the awards so that they are waterproof. Attach a hat craft that is associated with the award. The award is a keepsake from camp, and the girls will look forward to collecting these keepsakes from year to year.

Here are some sample categories for the camp awards:

- Happy Camper
- Camp Spirit
- Campfire Singer
- Outdoor Cook
- Marshmallow Roaster

- Nature Lover
- Hiking
- Paddling
- Archery
- Knot Tying
- Dishwasher
- Camp Skills
- Dancing
- Most Helpful Camper
- Tidiest Camper
- Craftiest Camper
- Most Artistic
- Most Creative
- Funniest Camper
- Most Adventurous
- Busy Beaver
- Enthusiastic Camper
- Beachcomber
- Swimming
- Acting
- Geocaching
- Tent Pitching
- Fire Building





How to Make Camp Awards

Materials

- colour printout of camp award (with camp name, date, award title)
- laminating sheet (from dollar store)
- scissors
- hole punch

- safety pin

- hat craft

Instructions

1. Print out the camp award so that it is about 4 cm x 5 cm in size.
2. Laminate the piece of paper.
3. Use scissors to trim the laminated sheet.
4. Use a hole punch to put a hole at the top.
5. Attach a safety pin to the award by placing it through the hole.
6. Add a hat craft to the camp award.

Celebration Awards: A Year-end Tradition

At the end of the year, each girl in the unit is presented with an award to celebrate Girl Greatness. Unlike the camp awards, the recipients of the celebration awards are chosen by the Guiders. In consultation, the Guiders take into consideration the girls' individual contributions to the unit and what makes each girl unique. Like the camp awards, the girls also look forward to receiving these awards that are specially chosen for them. Each award comes in the form of a certificate with a chocolate bar or candy package glued to it.

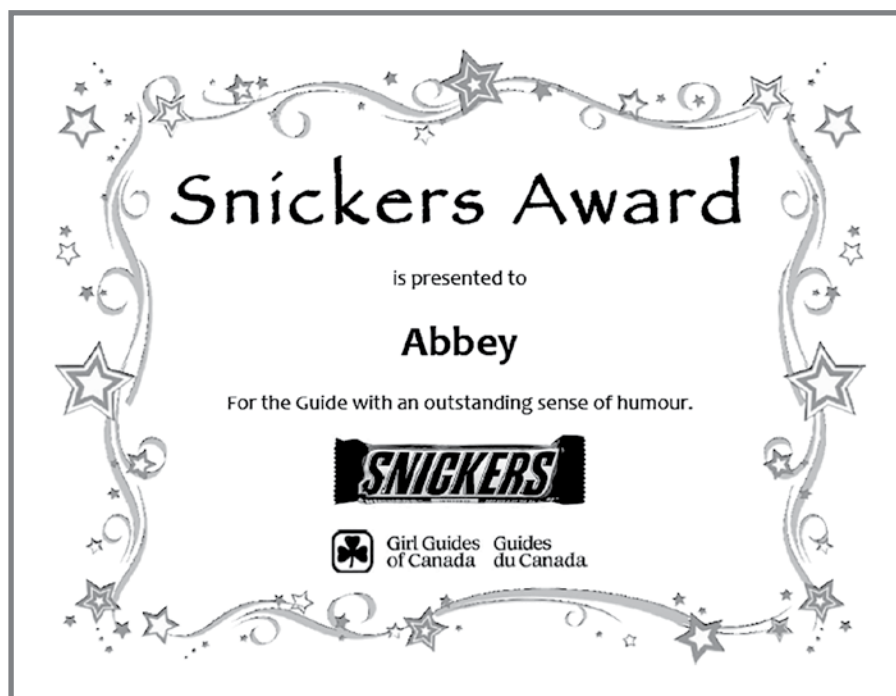
Here are some ideas for **Celebration Awards**:

- The budding "star" of the show (Starburst candy)
- The sporty, baseball-minded Guide (Baby Ruth bar)
- The star athlete with a winning attitude (Skor bar)
- The extra-caring Guide who likes to give hugs (gummy bears)
- The Guide with an outstanding sense of humour (Snickers bar)
- The Guide who puts her heart into Girl Guides (Red Hots candy)
- The sweet friend to everyone (SweetTarts candy)
- The unit's peacemaker (Dove bar)
- The Guide who is always so sweet (Caramilk bar)
- The meeting wiggler (gummy worms)
- The Guide with a colourful personality (Skittles)
- The Guide who always lends a hand

- and helps others (Life Savers candy)
- The Guide with the bubbly personality (Aero bar)
- The Guide with lots of smart ideas (Smarties)
- The intelligent Guide who comes up with great ideas (Nerds candy)
- The Guide who likes to laugh and have fun (Laffy Taffy candy)
- The Guide who likes to play tricks on others (Twix bar)
- The Marvelous and Magnificent Guide (M&M's)
- The Guide who is joyful and happy at

every meeting (Almond Joy bar)

- The Guide who is a good friend to everyone (Mr. Goodbar bar)
- The Guide who loves to sing and has an amazing voice (Symphony bar)
- The Guide with a great imagination (Mirage bar)
- The Guide with a wonderful attitude (Wunderbar bar)
- The Guide who is by the leaders' sides and ready to give them a break when needed (Kit Kat bar)
- The sweet and easygoing Guide (Rolo bar)





Hands Across the Border **2016**

Hands Across the Border is returning on Sunday, June 12, 2016, at the Peace Arch Border Crossing in Surrey! You can find lots of information about the origins and history of Hands Across the Border and register online for the event at www.handsacrosstheborder.info. Please note that you will need to purchase tickets for your unit on the website before June 10 in order to attend. The event is organized by the United States Canada Peace Anniversary Association, and the registration fee is used to cover the costs of the event.

Group registration starts at 9 a.m. The event is usually over by 3 p.m.

Parking is extremely limited, so it is strongly recommended that groups arrive and depart by chartered bus.

Girls who wish to carry a flag in the parade should wear full uniform and report to the Canadian kitchen between 11 and 11:30 a.m. to “reserve” the flag they want to carry. The BC International Committee recommends that flag-bearers eat lunch before the parade and leave their bags and other belongings with their Guider.

Hands Across the Border is a great opportunity to make new friends. Dress for the weather, wear your uniform and walking shoes, bring lots of traders and have fun!

Last year’s event was a great success, and it will be wonderful to see what the organizers have planned for this year. We look forward to seeing you there!

Top Tips for Hands Across the Border

1. Wear full uniform! Not only will you look great in photos, but Guides, Pathfinders and Rangers who are in full uniform can participate in the parade through the Peace Arch as flag-bearers.
2. Dress for the weather. Wear hats, sunscreen and walking shoes, and prepare for sudden changes in weather (including rain), since the event is held outside. Bring tarps and blankets for girls to sit on and to provide something on which to put traders. Guiders and parent helpers should bring camp chairs to sit on, as the grass can be damp.
3. Attach something unique and colourful to your group’s hats for easier identification of your patrol or the girls on your bus, or have each girl in your unit wear a brightly coloured scarf, hairband or hat. It’s a sea of blue out there!
4. Use the buddy system! There are thousands of participants at Hands Across the Border. Assign each leader in your group to a specific number of girls whom she should count every few minutes. In turn, the girls should check the location of their Guider every five minutes (to share the responsibility).
5. Discuss beforehand where to meet if someone becomes lost. Two examples of places to meet are the stage and the Canadian kitchen.
6. If you make your own traders, be sure to include your area name on them. This is an awesome way to make new Guiding friends!
7. Bring lots of traders/swaps, but be aware of aggressive traders. Your girls’ parents may not appreciate their daughter missing parts of her wardrobe upon her return home. One Guider’s son traded his \$20 woollen Scout hat to a US Scouter for a bag full of crests!
8. Be sure to bring water bottles, lunch and snacks. There will be food trucks at the event, but they may be very busy at lunch time or a long way from where your unit is located.
9. Even if you aren’t carrying a flag in the parade, please take part in the parade—it is for everyone and wouldn’t exist without the girls!





HATS OFF!

Congratulations to the following girls and Guiders who have been selected for nationally and provincially sponsored international events this summer.

Peru 2016 (BC-sponsored trip)

Guiders

- Rachel Reid, West Coast Area
- Maryann Brock, Monashee Area
- Stephanie Saffin, Pacific Shores Area (alternate)

Girls

- Lauren, Fraser Skies Area
- Sarah, West Coast Area
- Courtney, West Coast Area
- Taylor, West Coast Area
- Maddison, Pacific Shores Area
- Amanda, Lions Area
- Petra, Kootenay Area
- Heidi, Thompson Nicola Area (alternate)

Amazing Race (BC-sponsored event)

Girls

- Elizabeth, Fraser Skies Area
- Chloe, West Coast Area
- Kaitlyn, Monashee Area
- Mary, Monashee Area
- Alicia, Monashee Area
- Ara, Pacific Shores Area
- Emma, Lions Area
- Emma, Kootenay Area
- Ryanne, Rivers North Area
- Liberty, Rivers North Area
- Amelia, SVI Area
- Eliza, SVI Area

Creating Impact III, Sangam 2016 (national trip)

Guider

Tamara Fraser, SVI Area (alternate)

Girls

- Yolaine, Thompson Nicola Area
- Maeve, Lougheed Area
- Mira, SVI Area
- Hayley, Fraser Skies Area

Flame Camp 2016, United Kingdom (national trip)

Girls

- Alexandria, SVI Area
- Alyssa, Lions Area
- Lena, SVI Area
- Faith, Lions Area
- Lauren, Monashee Area (alternate)

Global Happenings Camp to Go



Global Happenings Camp to Go was recently developed by the BC International Committee. It was developed after realizing that there were lots of Camps to Go for younger branches but not many for Pathfinders and Rangers—so Global Happenings is aimed specifically at that age group.

Global Happenings focuses on global issues related to water, food, health and access to education. The camp can be used in different ways—as a weekend camp, a day camp or a series of evening meetings. There are far more suggested activities in the package than can be used at one event, so you can be creative in which ones you select and how you adapt the challenge to your unit's needs. You can also come up with

your own activities to suit the themes of the camp.

Many of the activities in the camp package can be used to fulfil other badge requirements, such as the WAGGGS Global Action theme badge and the Girls Worldwide Challenge. Wouldn't your unit be surprised and pleased to be presented with two badges at once?

An evaluation form is included with the package. The International Committee loves receiving evaluations—they help us improve our resources, so be sure to send one in when you order your crests!

You can find Global Happenings on the Camps to Go page of the BC Girl Guide website (www.bc-girlguides.org; select *Camping > Camps to Go*).



Photos: Gill Bexton and Andi Simpson

Renata Triveri, West Coast Area

Hollyburn Cabins Added to Heritage Register

On February 15, 2016, the mayor and council of West Vancouver voted unanimously to include the Hollyburn Cabin Community in the West Vancouver Heritage Register. West Coast Area's Hollyburn Girl Guide Chalet (formerly "Burnabee Chalet") is nestled within this community, where its historical significance has long been recognized.

The chalet was originally built in 1934, by Gus Johnson, with the assistance of Tom Gibson, for the Hollyburn Pacific Ski Club, on the highest point of land halfway between Hollyburn Lodge and West Lake. In fact, the chalet was then on the edge of such a steep hill that it was used for ski jumping and was one of the larger jump hills on the mountain. The starting platform for the jump was the peak of the cabin!

In the late 1930s, upon the opening of the First Narrows Bridge and the British

Properties, Brothers Creek and West Lake became water supply sources. Since the chalet was on the very edge of the watershed, it was moved in 1940. It was taken apart and re-erected on its present site by Otar and Emil Brandvold, with several helpers. They cut the trail, and Ted Russell, Hollyburn Ranger, and his large horse, moved the logs. Mr. Russell related, "It took me nine days of steady work to move the whole building over. If I remember correctly, I was paid ninety dollars for the job."

A beautiful carved bench, also built by the Brandvolds, was recently donated to Hollyburn Chalet to commemorate their massive effort to save the cabin. It sits in front of the wood stove as a cozy reminder.

The chalet continued to operate as a lodge and dormitory for skiers until 1963, when the Burnaby Girl Guides leased the

building with the option to purchase. They exercised this option in early 1965. Many Guides remember riding the chairlift up the mountain and then hiking from there to the chalet. When the chairlift burned in June 1965, cabin use was restricted to those who would hike two and a half hours from Eyremount Drive. Today, Cypress Bowl Road takes Girl Guides to within a 45-minute hike of the cabin, and it is in regular use for weekend trips all winter.

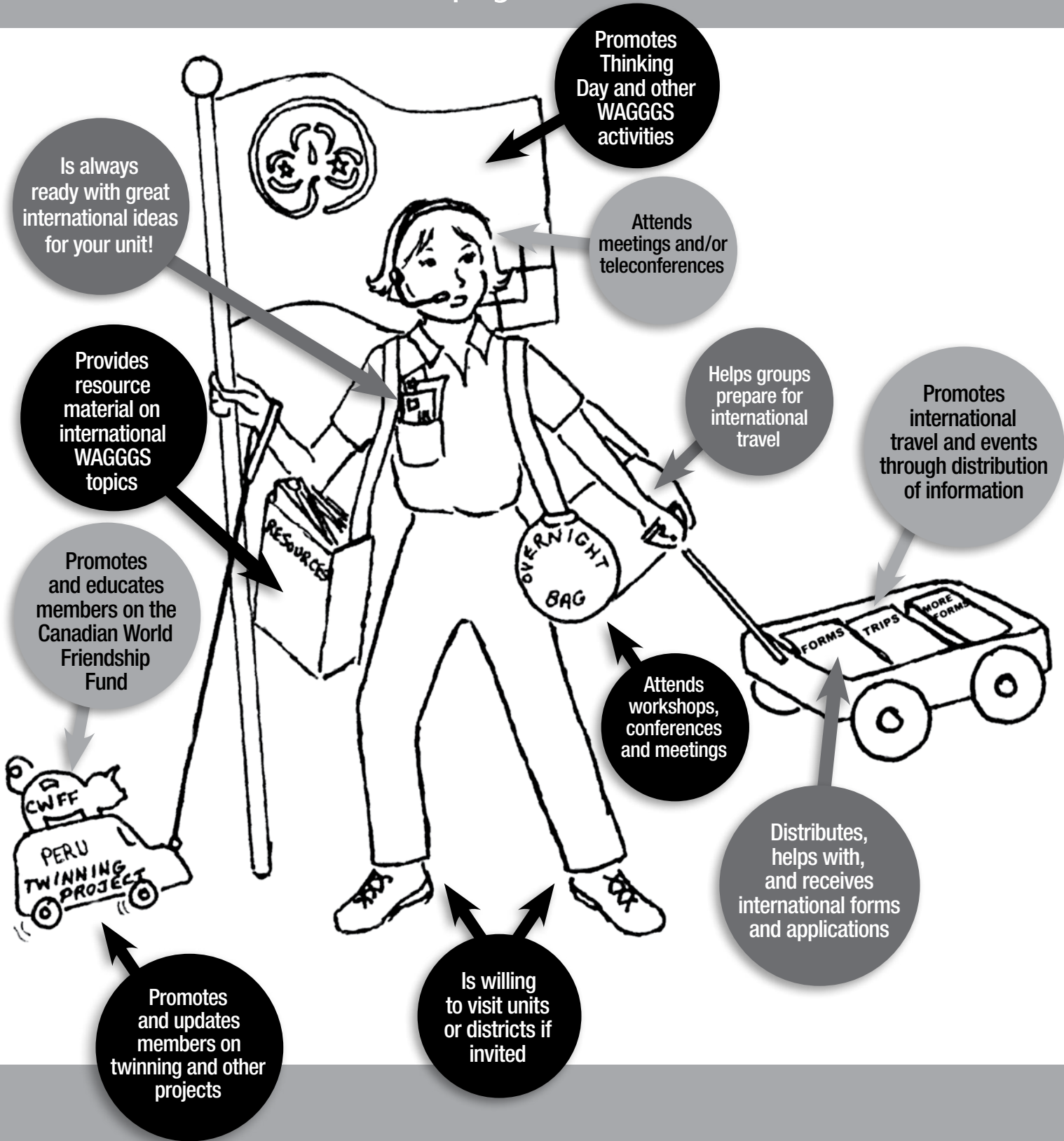
Although inclusion in the West Vancouver Heritage Register neither protects the cabin community nor adds restrictions to their structures, it acknowledges the 90-year-old heritage neighbourhood and its historical value. Girl Guides are proud to have been part of the Hollyburn Ridge community for more than 50 years.

*Taken in part from *History of Hollyburn*, Archives 1975.



Meet Your International Adviser

How can she help you?





Leaders ready for theme night.

Teresa Marshall, Guider

PEAK 2015: Independent trip to England in July/August 2015

tremendous amount from the planning and participation in an international trip.

It started with an email to Tina, the leader of the New Mills Guide unit in England. Tina had been one of my Guides when I lived in New Mills and was now a leader of Guide, Brownie and Rainbow units. It didn't take much persuasion for the New Mills Guiding community to accept us as their guests at PEAK and for homestay before and after the camp.

We began our trip at UK Girlguiding Headquarters in London, located just around the corner from Buckingham Palace, for a reunion with the Anglia Guides who did a homestay with us in Salmon Arm after SOAR 2014. We were the first group to stay at the headquarters after renovations, and we made an appearance on their website. It was wonderful to have some local knowledge of London, as we had three days to fit in all that the historic city has to offer. There were sad farewells as we headed for Pax Lodge for our final night in the south. The following day we took the train from London to New Mills.

Our homestay families and host Guide units (as the camp was now to include a unit from the small village of Hayfield, increasing our total number of campers to 40) were amazing. We were able to make our base in the ancient town of New Mills, which had its 600th birthday in 2005. We discovered rural areas of England and visited the coasts on either side of the country. New Mills has the great advantage

of having two train stations—not bad for a town of around 6,000 people! The girls really embraced the train travel and found the regular trains a lot less stressful than the London Underground.

It would take much too long to describe all our experiences and adventures, but I will include some quotes from the blog kept by the 12 girls during their trip.

Day 1: At the airport we visited the last Tim Horton's we would see for 3+ weeks.

Day 2: We arrived at Victoria station. After that we set off for the ICANDO centre which we found out was also the Guiding headquarters for the UK. When we reached the centre the Anglia girls were waiting for us.

We disembarked from the riverboat at Greenwich ... After a short walk through the town we arrived at a park ... we went up a hill to the International dateline. We put one foot on either side of it.

Overall my opinion of the day was fabulous and I loved it.

Day 3: Changing of the Guard at Buckingham Palace. Once inside the Palace grounds we had a really neat angle and very close view of the event. A couple of the guards even spoke to us!

Going on the London Eye. Even though it was a cloudy night the view was stunning.

To finish off the night we went to Kings Cross Station that is the home of Platform 9 ¾.

What takes two and a half years of planning, form filling, fundraising, emailing, budgeting and meetings and is over in 22 days? Our independent trip to England in the summer of 2015, which we called PEAK.

Was it worth it? Totally.

Did it give the participants a much greater global understanding and Guiding experience? Absolutely.

Will the friendships and memories last a lifetime? No question!

Would I do it all again? In a heartbeat.

PEAK is an international camp held every five years and organized by the Guide and Scout Associations from the County of Derbyshire in the north of England. It is held on the grounds of the Chatsworth estate owned by the Duke and Duchess of Devonshire. There are usually around 7,000 participants, including a staff team of 1,000. I had attended PEAK in 1995 and 2000 and thought the girls from the Salmon Arm Pathfinders and Rangers would enjoy the experience and gain a



Enjoying lunch in the village of Castleton after hiking through fields of sheep and climbing stiles.



At the international dateline in Greenwich.

Day 4: Tower of London, The Tower Bridge ... We walked over the top of the bridge [on the glass-floor walkway] seeing the small cars and people beneath.

A Spanish restaurant before going to the show *Billy Elliot*.

Day 5: Now we were on our way to the church hall where all the English Guiders were making supper for us. Most of us met our homestay families. In my case, I met the lovely Mom and her 12-year-old daughter and 2 sons, who were 5 and 9. They were talking about whipped cream in a can and they called it "squirty cream."

Day 9: At PEAK camp. It was quite shocking when we realised the leaders from New Mills would be doing all the cooking. We offered to help but were told "it's your holiday." This was a weird concept.

Day 10: We put our wellies on with our matching blue raincoats.

The camp theme was A Journey through Time. We really had travelled back in time, our subcamp was the great Ancient Egypt.

Day 13: During the day, Mel, Emma, Layla and I went to do bell ringing. It was a lot of fun, learning the history of bell ringing and a little bit about how it works. We learned about rounds: a tune played in a different pattern and a lesson on how to ring church bells.

After lunch we decided to do slack-lining. We tried balancing and failed horribly but being good sports we tried again.

Day 14: Ahead of us in line was a group of UK Boy Scouts. We had a lovely conversation with the older few. Mainly we talked about the differences between the two countries.

We arrived at the sailing club and received our wet suits and life vests and met our teacher. He was a very good instructor.

Everyone went to the main arena for the closing ceremony. After that there was a dance party ... All of a sudden fireworks started. They were amazing and fabulous. All of the Canadians fitted in to one of the tents for the last night of camp. I really enjoyed that day mostly because of the sailing.

Day 15: All of us were on one bus, which was nice. We arrived back at New Mills train station around 9 a.m. and had rides to our houses. For some it was a new home, for others it was the same.

Day 16: When we arrived home Dawn made us a delicious dinner and Taya and I finished the night off drinking tea!!

Day 17: Liverpool. We were at the Beatles story, caught the ferry across the Mersey River to see the U-534 which was sunk in World War II, after Germany surrendered but the U-boat did not. It took 30 years to locate it. Liverpool was an overall extraordinary experience. I would go back there.

Day 19: York. The National Railway museum and the Jorvic Viking centre. There was a ride through the Viking

museum. It was full of smells which included beef stew and human waste.

Day 20: Today we travelled all the way to the coast, to Cleethorpes. It was sunny, breezy and the beach was great. Little white shells covered the beach and we made sandcastles. We spent lots of time on the beach watching the waves.

Day 21: Hiked to Castleton and to the Blue John mine at Treak Cliff cavern. We rode on a double decker bus on the way back to the station. (It was blue not red.)

Day 22: Last day. Today we had a more relaxed day. We spent the evening making dinner for our homestay families. We made stir fry. It turned out pretty good. We all ate together. We were very sad to leave but also excited to go home.



Jocelyn, Taya and Katie on water duties.



Review by Daphne MacGregor-Greer

A Guiding Life



As a young teenager, Nesta Gervaise Maude (later, Ashworth) was sent to live with some friends, the Ormans. She and her friend Rotha Orman loved to explore the outdoors, go on hikes in the countryside and challenge expectations of Edwardian girls. When Nesta's brother gave her a copy of *Scouting for Boys*, Nesta and Rotha soon completed the Tenderfoot Test requirements, registered themselves as a Scout Troop and signed the registration letter as N. Maude and R. Orman. No one knew they were girls! They invited nearby girls to come and join their troop and held meetings, teaching first aid, semaphore and knots, always using practical scenarios. When they heard of the Crystal Palace Rally, there was no question that they would not attend. They slipped into the rally with some boys and stood with fifteen other girls. History was made!

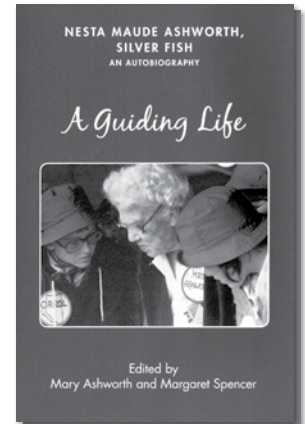
Nesta tell us about the early days of Guiding and her experiences during World War I and World War II, in which she challenged gender stereotypes by driving tractors, trucks and mobile canteens. You can imagine her speaking to you as she tells her stories throughout the book. She came to BC

from England in 1951 and inspired countless BC Guiders and girls during her speaking engagements and visits to units.

Nesta Ashworth wrote her memoirs, and her daughters, Mary and Margaret, have lovingly compiled and edited her autobiography in their mother's memory. I highly recommend this book for anyone who loves Guiding history and stories about inspiring women.

It can be ordered online from Amazon or FriesenPress.

A Guiding Life: An Autobiography
Nesta Maude Ashworth, Silver Fish
Edited by Mary Ashworth and Margaret Spencer
Paperback. 144 pages. FriesenPress. \$12.99.
ISBN: 978-1-4602-7330-2



SOAR 2017

BC Girl Guides

When: **July 22 to 29, 2017**

Where: **Smithers, BC**

Who: **Patrols of eight girls (born in 2006 or earlier) and two Guiders**
(Rangers may come with four girls and one Guider)

Cost: **Full BC Patrols:**
\$3,809.52 + GST = \$4,000

Applications for Core Staff and Patrol Guiders open April 15, 2016.

Girl registrations open January 1, 2017.

We're also looking for an Event & Emergency Management Deputy!

Applications and more information available at www.soarbc.com.

Connect with us on social media!



<https://www.facebook.com/soarbc>



<https://twitter.com/GGCSOARBC>



<https://www.instagram.com/ggcsoarbc/>



https://www.youtube.com/channel/UCOBGMVNZEHjhC6_PcHI57mQ



SOAR 2017

BC Girl Guides



AROUND BC



The **Port McNeill Pathfinders and Rangers**, Pacific Shores Area, attended an International Friendship event at Our Cabaña in August. In addition to community service, WAGGGS initiatives, touring the area, learning about Mexico and making memories, there was lots of time to make new friends. *Photo: Cathy Griffith*



Burnaby Mountain District, West Coast Area, celebrated World Thinking Day with a “can art” sculpture contest. They collected more than 800 cans and other items for the local food bank. *Photos: Bethany Koepke*



The 1st Panther **Pathfinders in Tetrahedron District**, Lions Area, did some ribbon dancing at Camp Olave. *Photo: Annalisa Adam*



Rangers in Tetrahedron District, Lions Area, practised their photography skills and got creative at their Fun, Friendship and Photos camp at Camp Olave. *Photos: Ranger Melissa*



Hannah and Owl from the 1st Campbell River Rangers, Pacific Shores Area, completed the Rangers Service Project by making educational toys for a local nursery. *Photo: Lynne Macara*



The 8th Chimo Guides and the 8th Mundy Lake Sparks, Lougheed Area, got together at Minnehada Regional Park to pull English ivy and periwinkle as an environmental service project and to complete the new Alien Invaders Challenge. The girls all had a great time together and pulled an entire truck-full of weeds. *Photo: Carrie Pope*



Members of the 2nd Gibsons Guides and 2nd Sechelt Guides from Tetrahedron District, Lions Area, enjoyed a sleepover at the Vancouver Aquarium in January. *Photos: Denise Holliday*



The Kelly Creek Girl Guide unit in Powell River, Pacific Shores Area, is in its second year and has grown to four Sparks, five Guides and two Pathfinders! They held an enrolment party in November 2015. *Photo: Raymonde McAdam*



Girls and Guiders enjoyed an open house at Guide House in Vancouver to celebrate World Thinking Day 2016. *Photos: Pat Mahon*



Canadian Immigration Services sent out the above tweet when the **2nd Pitt Meadows Pathfinders**, Lougheed Area, sang *O Canada* at a citizenship ceremony in February.



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British Columbia Council

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May the summer



hold many adventures!

Photos: Van Chau and Dora Turje